DAVIDSON COUNTY RESOURCE LIST

This list is provided simply as a reference to you and is not an exhaustive list of local providers. We recommend contacting your specific insurance carrier for additional information on your behavioral health coverage and in-network providers.

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| **Mental Health Agencies** | | |
| **Centerstone**  *Multiple locations throughout Middle Tennessee*  (888) 291-4357  <https://centerstone.org/>  Services:   * Outpatient counseling for children, adolescents, and adults * In-home behavioral support * Medication management * School-based therapy available in select schools throughout Tennessee   *Payment Options: TennCare, most commercial insurances also accepted* | | **Mental Health Cooperative (Co-op)**  *Multiple locations throughout Middle Tennessee*  (615) 743-1555  <https://www.mhc-tn.org/>  Services:   * Outpatient counseling locations throughout Tennessee * In-home therapy services * Medication management * Case management   *Payment Options: TennCare* |
| **LifeCare Family Services**  (877) 937-5237  Locations in Nashville, Cookeville, Franklin, Lawrenceburg, Lebanon, Memphis, Murfreesboro, and Pulaski  <http://lifecarefamily.org/>  Services   * Outpatient counseling for children, adolescents, and adults * In-home therapy services * Medication management   *Payment Options: TennCare, most commercial insurances also accepted* | | **Vanderbilt Behavioral Health**  (615) 936-3555  Child Adolescent Psychiatry Outpatient Clinic (CAPOC)  1500 21ST Ave South, 2200 VAV (Village at Vanderbilt)  Nashville, TN 37212  Services   * Outpatient counseling services * Medication management   *Payment Options: TennCare and most commercial insurance (currently only able to accept children of Vanderbilt employees for commercial)* |
| **Youth Villages – Intercept (intensive in-home program)**  *Multiple locations throughout middle Tennessee*  3310 Perimeter Hill Dr.  Nashville, TN 37211  (615) 250-7252  [www.youthvillages.org](https://nam05.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.youthvillages.org%2F&data=02%7C01%7Cdanielle.mcdonough%40vumc.org%7Cd233905554d44f822f9808d746849661%7Cef57503014244ed8b83c12c533d879ab%7C0%7C0%7C637055407585604591&sdata=ryhtdSjZFdon79uIf2X%2FYdPNoJOhtcVc0SRQdOhgft0%3D&reserved=0)  Services:   * Provides Comprehensive Child Family Therapy (CCFT) * May require a referral, but parents can also self-refer * Meets with family up to 3x weekly in the home or school setting * Provides crisis management * Utilizes Collaborative Problem-Solving model   *Payment options: All Tenncare options* | | **Health Connect America**  *Multiple locations throughout middle Tennessee*  1321 Murfreesboro Pike #203  Nashville, TN 37217  Serves Davidson, Rutherford & Williamson from this location.  615-656-0227  <https://healthconnectamerica.com>  Services:   * Provides Comprehensive Child Family Therapy (CCFT) * May require a referral, but parents can also self-refer * Meets with family up to 3x weekly in the home or school setting * Provides crisis management * Medication management * Outpatient therapy available, but limited   *Payment options: All Tenncare options* |
| **Sexual Assault Center**  101 French Landing Drive (Clarksville location also) Nashville, TN 37228 615-259-9055 Appointments: Alexa Ritter [aritter@sacenter.org](mailto:aritter@sacenter.org)  <https://www.sacenter.org/>  Services:   * Outpatient counseling for children, adolescents, and adults who have been sexually abused * Spanish-speaking, bilingual therapists available * Group therapy   *Payment Options: Accepts most commercial insurances and Tenncare* | | **Athena Consulting & Psychological Services LLC**  (615) 320-1155  Locations in Nashville, Murfreesboro, and Hendersonville  <http://athena-nashville.com/>  Services   * Outpatient counseling for children, adolescents, and adults * Medication management * Psychological testing & evaluations   *Payment Options: Accepts most commercial insurance, offers sliding scale based on need with proof of income.* |
| **Allied Behavioral Health Solutions**  (615) 292-3661  700 Craighead Street, Suite 105  Nashville, TN 37204 (also location in Goodlettsville)  <https://alliedbehavior.com/>  Services:   * Outpatient counseling for children (including under 5YO), adolescents, and adults * Applied Behavioral Analysis   *Payment Options: Accepts TennCare and most commercial insurances. ABA (TennCare & TriCare only).* | | **Ross Center**  (615) 338-6341  <https://www.rossbg.com/>  Locations in Nashville, Hendersonville, & Clarksville  Services:   * Outpatient counseling for children, adolescents, and adults * Family therapy   *Payment Options: Blue Cross/Blue Shield, United HealthCare, Tricare, Aetna, Magellan, Amerigroup, United Community Plan, Compsych, Value Options, Tenncare. Offers sliding scale available.* |
| **Agape Counseling Center**  [(615) 781-3000](tel:6157813000)  <https://www.agapenashville.org/counseling>  4555 Trousdale Drive Nashville, Tennessee 37204 (additional locations throughout Middle TN)  Services:   * Outpatient for children, adolescents, and adults * Family therapy * Psychological testing   *Payment Options: Most commercial insurance accepted. Also offers sliding scale.* | | **Catholic Charities**  (615) 352-3087  2806 McGavock Pike Nashville, TN 37214  Services:   * Outpatient counseling for children, adolescents and adults * Family therapy * Spanish-speaking providers available   *Payment options: Sliding scale* |
| **Nashville Brain Institute**  (615) 994-7019  2000 Glen Echo Road, Suite 101 Nashville, TN 37215  **Additional Location**  Nashville Brain Institute at Hermitage 5653 Frist Boulevard, Suite 701 Hermitage, TN 37076  (615) 645-6377  Services:   * Medication management and individual therapy for ages 14+ * Transcranial Magnetic Stimulation * Specializes in depression, anxiety, PTSD   *Payment options: Aetna, Anthem, BlueCross BlueShield, Cigna, Humana, Magellan, Optum, United Healthcare & Tricare* | | **Evelyn Frye Center**  (615) 385-4090  310 25th Ave N, Suite 204  Nashville, TN 37203  <http://www.efrye.com>  Services   * Outpatient counseling for children, adolescents, and adults * Psychological evaluations   *Payment Options: Most commercial insurance accepted* |
| **Smaller Agencies & Private Practice** | | |
| **Bart Davis, LCSW**  2621 Gallatin Pike  Nashville, Tennessee 37216  [(615) 229-7169](tel:+1-615-229-7169)  Services:   * Outpatient counseling for adolescents (14+) and adults * Family therapy   *Payment Options: Aetna, private pay* | **Jewish Family Service, Toni Jacobsen, LCSW**  (615) 356-4234  801 Percy Warner Blvd., Suite 103  Nashville, TN 37205  <http://jfsnashville.org/>  Services:   * Outpatient counseling for children, adolescents, and adults * Family therapy   *Payment Options: Many commercial insurances accepted* | |
| **New Directions Wellness Center**  **Jonathan Johnson, LCSW**  (615) 601-0580  1004 Hickory Hills Lane, Suite 3  Hermitage, TN 37076  <https://www.ndcacgroup.com/>  Services:   * Outpatient counseling for adolescents and adults * Group therapy   *Payment Options: TennCare, Blue Cross/Blue Shield, Cigna, & Aetna* | **Compassionate Care Wellness Practice/ New Directions Wellness Cen****ter**  **Renee Hill, PsyD** 1004 Hickory Hill Lane, Suite 3 Hermitage, TN 37076  [(844) 386-2138](tel:+1-844-386-2138)  Services:   * Outpatient counseling for children, adolescents, adults, families   *Payment Options: Tenncare, Beacon, Blue Cross/ Blue Shield, Cigna, Magellan, United Healthcare* | |
| **Reid Horn, MS, LPC-MHSP, NCC**  Horn Counseling  1004 Hickory Hill Lane, Suite 3  Hermitage, TN 37076  (615) 892-1788  <https://www.horncounseling.org/>  Services:   * Outpatient counseling for children (11+), adolescents, and families * Group therapy * Specializes in working with substance use, trauma, PTSD, anxiety and behavioral challenges   *Payment options: Aetna, Blue Care, United Health Care, BlueCross BlueShield, Cigna, Magellan, Optum & Tenncare.* | **Counseling Professionals**  **Elisabeth Lynch, LPC-MHSP, MA**  2201 Murfreesboro Pike  Building B, Suite 110 Nashville, TN 37217  [(615) 307-4269](tel:+1-615-307-4269)  Services:   * Outpatient counseling for children, adolescents, adults, and families. * Specializes in anxiety, depression, PTSD, trauma, grief   *Payment Options: BlueCross Blue Shield, Magellan & ComPsych. Private pay also available.* | |
| **Kenneth Lass, PhD**  331 22nd Ave N., Suite 2  Nashville, TN 37203  (615) 320-1481  Services:   * Individual counseling for children and adolescents   *Payment Options: Aetna, BlueCross/BlueShield, Cigna, First Health, Humana, MultiPlan* | **Christopher Robb Karcher, PsyD**  510 East Iris Drive, Suite B  Nashville, TN 37204  (615) 463-9804, extension 3  Services:   * Individual counseling for children, adolescents, and adults   *Payment Options: Aetna, BCBS, Humana, Magellan, Medicare, TennCare, Value Options* | |
| **Sharon Helton, LCSW**  (423) 248-2985  2021 21ST Avenue South, Suite 207  Nashville, TN 37212  Services:   * Outpatient counseling for children (6+), adolescents, adults * Family therapy * Specializes in anxiety, grief, divorce and parenting support     *Payment Options: Aetna, Beacon, Blue Cross/Blue Shield, Cigna, Magellan, PHCS, United, First Choice Health* | **Tiffany Davis, LCSW**  (615) 601-1735  376-6 Herron Drive  Nashville, TN 37210  <https://www.tiffanydavislcsw.com/>  Services:   * Outpatient counseling for children (4+), adolescents, and adults * Family therapy   *Payment Options: Aetna, BCBS, Magellan, Beacon Health*  *United Behavioral Health, Cigna, and Private Pay* | |
| **Margaret Flynn, LPC-MHSP**  (615) 601-1735  376-6 Herron Drive  Nashville, TN 37210  Services:   * Outpatient counseling for older adolescents & adults   *Payment Options: Aetna, Cigna, BCBS, Magellan, and Private Pay* | **Sarah Malanchuk, LPC-MHSP**  (615) 538-7518  <https://www.sarahmalanchuklpc.com/>  376-6 Herron Drive  Nashville, TN 37210  Services:   * Individual therapy for children (11+) and adolescents * Specializes in anxiety, mood disorders, behavioral challenges, parenting skills, grief/loss and life adjustments   *Payment Options: Cigna, United HealthCare, Aetna, Private Pay* | |
| **Jeremy Sublett, LPC-MHSP**  (615) 645-1517  157-B Belle Forest Circle  Nashville, TN 37221  Services:   * Outpatient counseling for children (6+), adolescents, & adults * Family therapy * Specializes in ADHD, adoption, anxiety, behavioral challenges, family conflict, parenting skills, trauma, and substance use   *Payment Options: Aetna, Private Pay, Sliding Scale available* | **Like You Counseling**  Stephanie Upchurch, LPC-MHSP  (615) 696-4450  4515 Harding Road Suite 101  Nashville, TN 37205  <https://likeyoucounselingservices.com/>  Services:   * Counseling for children, adolescents, adults * Specializes in anxiety, disordered eating, and obsessive-compulsive disorders   Payment Options: *Cigna, Private Pay* | |
| **Jeana Stevenson, LPC-MHSP, NCC**  [(615) 492-3210](tel:+1-615-492-3210)  Nashville, TN 37212  Services:   * Outpatient counseling for children (11+), adolescents, and adults * Family therapy * Specializes in anxiety, trauma, and substance use   *Payment Options: Aetna, Cigna, & Blue Cross/Blue Shield* | **Cortney O’Neal, LPC-MHSP, NCC**  [(615) 601-0153](tel:+1-615-601-0153)  334 46th Avenue North  Nashville, TN37209  Services:   * Outpatient counseling for children, adolescents, and adults * Family therapy * Specializes in anxiety, depression, family conflict, disordered eating, and substance use   *Payment Options: Blue Cross/Blue Shield, Cigna, Magellan & Behavioral Health Systems, Private Pay, Sliding scale available.* | |
| **Robert Jacobs, PhD**  [(423) 408-8920](tel:+1-423-408-8920)  222 22nd Avenue South, Suite 404 Nashville, TN 37203  Services:   * Outpatient counseling for adolescents (6+), adults and families. * Specializes in anxiety disorders, depression and relational issues.   *Payment Options: Aetna, Alliance, Anthem, Blue Care Network, BlueCross and BlueShield, Cigna, Humana, Magellan, TRICARE, UnitedHealthcare* | **Latonia Cox, LPC-MHSP, RPT**  (615) 645-2463  HTG Counseling and Consulting 211 Donelson Pike, Suite 6 Nashville, TN 37214  Services:   * Outpatient counseling for children, adolescents, and adults * Family therapy * Specializes in trauma and play therapy * Provider is bilingual, Spanish-speaking   *Payment options: American Behavioral, Anthem, Anthem EAP, Beacon, Blue Care Network, BlueCross and BlueShield, Cigna, Cigna EAP, Humana, TennCare, TennCare Select, UniCare* | |
| **Marsha Thompson, LMFT**  [(615) 237-5045](tel:+1-615-237-5045)  223 Madison Street Suite #103 Madison, TN 37115  Services:   * Outpatient counseling for children (11+), adolescents, and adults * Family therapy * Specializes in psychotic disorders, anxiety, depression, and trauma   *Payment Options: TennCare, BlueCross/BlueShield, Cigna, Emblem Health, Humana, MVP Health Care, Magellan* | **Stephen Hopkins, PhD**  [(615) 745-3584](tel:+1-615-745-3584)  2200 21st Street S, Suite 230 Nashville, TN 37212  Services:   * Outpatient counseling for children, adolescents, and adults * Family therapy   *Payment options: BlueCross/Blue Shield, Magellan* | |
| **Jared Prentiss, LPC-MHSP**  (615) 502-4680  Prentiss Counseling and Consulting, PLLC 2722 Old Elm Hill Pike, Suite B Nashville, TN 37214  Services:   * Outpatient counseling for children (11+), adolescents, and adults * Family therapy * Specializes in anxiety, depression, impulse control disorders, and behavioral challenges   *Payment Options: American Behavioral, Anthem, Beacon, TennCare, Military OneSource, Optum, United Healthcare.* | **Nashville Neuropsychology & Family Services, PLLC**  2200 21st Ave. South, Suite 300  Nashville, TN 37212  (615) 933-3571  <https://www.nashvilleneuropsychology.com/>   * Neuropsychological and psychological testing * Individual and group therapy   *Payment Options: BlueCross BlueShield, Aetna and United Health Care* | |

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| **Private Pay Options** | |
| **Green Hills Family Psych**  (615) 519-8960  2209 Abbott Martin Rd., Suite 100  Nashville, TN 37215  <https://www.greenhillsfamilypsych.com/>  Services:   * Counseling for children, adolescents, adults * Family therapy * Medication management | **Nashville Child and Family Wellness Center**  (615) 238-9100  85 White Bridge Rd., Suite 302  Nashville, TN 37205  <https://nashvillefamilywellness.com/>  Services:   * Counseling for children, adolescents, and adults * Family therapy * Group therapy * Medication management |
| **PSYCHe**  (615) 274-8400  1200 Division St.  Nashville, TN 37203  <https://psychepllc.com/>  Services:   * Outpatient counseling for children, adolescents, adults * Family therapy * Specializes in Dialectical Behavioral Therapy * Psychological testing | **The Village of Kairos**  (615) 589-1018  1451 Elm Hill Pike, Suite 250  Nashville, TN 37210 (Franklin location also)  <https://thevillageofkairos.com/>  Services:   * Outpatient counseling for children, adolescents, and adults * Family therapy * Group therapy * Specializes in Dialectical Behavioral Therapy |
| **Claire Emerick, LPC-MHSP**  (615) 490-0762  Nashville, TN 37204 (Berry Hill area)  Services:   * Counseling for children (11+), adolescents, and adults * Family therapy * Specializes in chronic health issues, trauma, anxiety, depression & disordered eating | **Nashville OCD & Anxiety Treatment Center**  (615) 412-1155  155 Franklin Road, Suite 135  Brentwood, TN 37027  <https://www.ocdnashville.com/>  Services:   * Counseling for children, adolescents, and adults * Family therapy * Parent workshops * Specializes in anxiety and other related disorders |
| **Daystar Counseling**  (615) 298-5353  2801 Azalea Place  Nashville, TN 37204  <http://daystarcounseling.com>  Services:   * Outpatient counseling for children & adolescents * Family therapy * Group therapy   *Private Pay, Sliding Scale Available* | **Ben Cook, LPC-MHSP**  (615) 900-2092 4235 Hillsboro Pike, Suite 300 Nashville, TN 37215  Services:   * Outpatient counseling for adolescents & adults * Family therapy * Specializes in OCD, anxiety, depression and substance use |